



The Arete

a publication of alpha delta chi

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UPCOMING EVENTS

February 12th - 14th, 2016
2016 National Convention
Denver, CO

LAMB LOVE

Love is in the air and the stork has dropped bundles of joy amongst the sisterhood. Here's a glimpse:

ALPHA

Pinnings/Lavaliers

Lauren "Goodeen" Guarino by Seth Ahlquist
Emily "Effervescence" Manetti by Connor Hipwell
Jenna "Chika Chika Boom Boom" by Matthew Lacey
Sonia "Pigeotto" Zhang by Connor Rutter

Engagements

Christine "B'dazzled Blue" Smith to Brian Lindholm
Hayley "Madrid" Moore to Jeffery Louie

Marriages

Hannah "Dragonite" Rush to Nathaniel Mayer
Gloria "Joy" Kim to Daniel Oh

SIGMA

Engagements

Jourdyn "Pecan" Hunsaker to Chris Fuga
Grace "Mango" Liang to Benjamin Yao

Marriages

Gina "Chimichanga" Lee to Edward Kim
Heather "Rocky Road" Momand to James Brunone

Births

Amanda "Tabasco" and Darrell Montgomery welcomed baby girl Claire Ann
Shelly "Mozzarella" and Nate Griffin welcomed baby boy Joseph Asher

CHI

Passings

McKay "Captain Hook" Pittman

ALPHA ALPHA

Engagements

Charlee "Uh huh" Todd to Chuck

Engaged, married, have new born, adopted, or pinned/lavaliere? We would love to feature your announcement. Please email us at info@alphadelatichi.org or submit your announcement [here](#) with

SPACE X SISTER

This issue we're highlighting Sigma sister Sarah "Linguini" Walker who lives in Los Angeles and works for SpaceX, a company that designs, manufactures, and launches advanced rockets and spacecraft. On top of that she was a mission manager for the most recently returned cargo resupply mission to the International Space Station! We were able to steal a few minutes of her time and talk about her job, how ADX helped her become successful, and how God shows Himself in a scientific and otherworldly way. You can keep up with her blog [here](#).



Tell us a little about yourself and what you do at SpaceX

I studied aerospace engineering for both my bachelors and masters at Georgia Tech. My masters "specialized". I guess you could say, in Space Systems design (as opposed to airplanes or helicopters). At SpaceX, I'm a mission manager; it's basically being the "project manager" for a mission/flight - currently that's a Cargo Resupply Mission to the International Space Station. I am the mission manager for the 6th resupply mission, working with NASA, and I'm also the mission manager for 9th resupply mission, which is scheduled to launch in about a year.

My husband, Luke, and I live and work in LA. Luke is also an aerospace engineer and works putting satellites in orbit, we just adopted a puppy and spend a good amount of time hiking, camping, rock climbing, and exploring our new California home!

What are you currently working on at SpaceX?

SpaceX designs and builds both the launch vehicle (the rocket, which we call Falcon9) and the spacecraft (the capsule carrying the cargo, which we call Dragon) that brings over 2 tons of food, supplies, and research up to the orbiting laboratory, and then returns just as much cargo from space back to earth. The science they're doing up there is paving the way to prepare astronauts and robotic explorers for future missions to Mars and it's directly helping improve our lives here on earth. We're also progressively working toward being able to "recover and reuse" our rockets to make space travel more affordable and an everyday thing for humankind.



How does being and ADX sister help you in your job?

I think ADX is the perfect training ground for how to interact with (and lead) people. Being a part of such a diverse group of girls teaches you how to learn from each others' differences and honor one another. Especially if you are willing to take on leadership roles during your time in ADX, you will become acquainted with how to adeptly navigate the real mess of human relationships in the most forgiving environment possible. While each girl in ADX is a human being and thus broken and imperfect, each is also in pursuit of the common goal to know Jesus and be made like him, meaning it's a far safer environment to learn about people and how to honor, respect, listen to, guide, direct, sometimes disagree with or provide constructive criticism to, encourage, and work together with them. My job requires so much judgment/interpretation of what others want, need, and feel... and then the delicacy and skill to understand/respect those needs and desires while also steering them to align with the needs and objectives of the company and the mission. It requires me to sometimes disagree with someone's approach to a problem or their calculations/results, and ADX was the best training I could imagine on how to have those types of conversations with grace and humility.



How does God show himself in your workday?

First, it's incredible how many engineers and scientists do not believe in God, as if science and the divine are somehow incompatible. It's so baffling to me - GOD is the very REASON I've dedicated my life to science - because in my mind, science is simply using the creative and magnificent minds he's given us to discover the depth and breadth and complexity of this amazing universe he created, and just how it all works! Each scientific discovery only makes me MORE in awe of the all-knowing all-powerful designer and creator - this helps me put the pieces about Him together more clearly! I never feel closer to God, or more convinced that he MUST exist and be exactly who he says he is, than when I look at the magnificence of the cosmos. It's really fun (albeit super hard at times) to be a Christ follower in a sea of atheist engineers and scientists.

NONE of my coworkers are Christians - NONE. But because I've earned their respect in the world that THEY value - engineering and science, I think God has allowed me to earn credibility also in my worldview/what I believe about Him. It's easy to dismiss "ignorant old-fashioned religious folks", but when I'm one of THEM (a scientist/engineer), and keep in step with them in their quest for scientific discovery, it adds credibility to the rest of my pursuits - maybe belief in God isn't actually for the crazy, ignorant, or fanatic after all, but just like science, is the pursuit of understanding and knowing what is real and true. Everyone on my team knows I'm a Christian, and I've had so many cool conversations over the years with them, at some of the most unexpected times and places, and its those encounters that make me SURE God put me here to be a light in this cold and darkened world. He has equipped me to share the good news that God is not only there, but that engaging in and sifting out truth regarding who we are, where we come from, and why we're here is the most important and urgent question that can ever be pursued.

Second, I think the most apparent way God is showing up here is in reminding me over and over again that this life is too big for me to control or manage - which induces both humility (I'm not as awesome or powerful as I thought) and gratitude (thank goodness there is a Mighty God who is MORE awesome and powerful than I could have imagined that IS in control, because I'd be lost otherwise!). I've definitely struggled with anxiety in a very real way over the last few years here at

SpaceX. I feel the great weight of responsibility that goes with the amazing opportunity this role affords, and I often feel overwhelmed - what if I miss something and, heaven forbid, the rocket explodes during launch? How will I live with myself? Could I ever recover from that? Surely I must more frantically take CONTROL of my circumstances, making whatever sacrifices are necessary (i.e. become a workaholic), to be SURE something like that never happens! When these thoughts begin to infiltrate my life and threaten my emotional stability, I have to remind myself that they are coming from the subtle deception of the enemy, telling me God's not in control of the trajectory of my life, with my days already mapped out before me in his book and my salvation eternally secure. The truth is that GOD WINS. The end of the story has already been written, and these fun career adventures are just a blip on the timescale of my life - exciting for sure, but inconsequential in the scheme of eternity. And yet, as small as they are in comparison to my whole story, God still cares, and is intimately involved. He knows the number of hairs on my head - and I would extrapolate that means he knows exactly how many fall out every day as I stress about trying to control my life and my success and my destiny without his powerful and comforting presence to envelope and guide my every effort. Anxiety is a product of fear - fear of failure - and fear is not from God. And fear of failure specifically is saying I'm afraid God won't come through, and even assuming that I know what "failure" looks like - when the truth is God's ultimate success may look very different than what I would define it as from my earthly vantage point. He is daily carrying out the perfect plan for His greatest glory and for greatest good of his people, until the day he comes again, finishes the restoration of all things, and ushers in the new heaven and new earth - Lord, hasten the day!

EXCALIBUR 2015



Excalibur took place this year at Dockweiler Beach. For those of you who do not know what Excalibur is, it is a beach volleyball tournament that our Epsilon Chapter puts on each year to raise money for Li-Fraumeni Syndrome Association (LFSA). The event is named after alumnae, Jennie 'Excalibur' Yang who passed away from the syndrome a few years ago. Epsilon chooses to honor her life through volleyball, which was a sport Excalibur grew up playing.

Excalibur took place on a beautiful Southern California beach this year and was a great success. The Epsilon chapter designed amazing t-shirts and water bottles to hand out to each team that participated. All the funds raised were donated to LFSA to research the disease. The event was a great success and all the participants from Alpha Delta Chi and Alpha Gamma Omega enjoyed the sun and the friendly competition.



When asked to describe their favorite things about Excalibur 2015 the following some of the responses participants had:

- "Interacting and bonding with other chapters" - Megan Meyers, Beta Chapter
- "Honoring Jennie 'Excalibur' Yang through friendly competition and fellowship" - Hannah, Epsilon Chapter
- "Having fun for a great cause" - Devanee Richards, Delta Chapter

If you would like more information about LFS or Jennie's Story please click [here](#).

MISSIONARY SPOTLIGHT

Each issue we will highlight an active or alum sister who is serving in the mission field. Want to be featured? Please send your story to info@alphadeltachi.org.



Our Missionary of the Month is the lovely "Malibu" an Alumni from the Iota Chapter. Malibu has been doing work with CRU in an undisclosed location in the Middle East. Due to the sensitive nature and location of Malibu's mission work we cannot disclose Malibu's real name, truly Malibu can be likened to that of a secret agent furthering the Gospel in the Middle East. Over the course of two years Malibu has created friendships in the Middle East and has purposed herself to be intentional about sharing the Gospel with those that she meets. Malibu has made many friends in the Middle East and continues to make disciples in her hometown. Malibu works with a team of university graduates to hold various outreaches for college students some of which include: weekly meetings where students can hear the Gospel in their native language, English

Conversation Club where students like Malibu interact with college students native to the area and help them practice English, and social events during holidays where students can interact with Malibu and her team.

Mission work can be very difficult in the Middle East due to the slow moving nature of Muslims converting to Christianity. A lot of Muslims are willing to talk about spiritual things, but unfortunately run into barriers when they begin to talk about Jesus being Lord. However Malibu's team has seen tremendous fruit and continues to see people's lives changed by the power of the Gospel. Malibu's team has worked tirelessly for the entire year disciplining students and sharing the Gospel. The team of people who is currently in the location that Malibu is in will no longer exist after this year; however, this should be counted as a great joy because the team that will reach the city Malibu resides in will be replaced by students native to that country.

Malibu has helped to create a self sustaining Gospel movement led by students of that country. This is fabulous news; not only has she helped sustain the Gospel movement in the city she currently resides in, she is helping prepare other students to go out to other cities and reach students with the Gospel. Malibu's boldness and obedience to the Lord allowed her to help fulfill the Great Commission in an unreached place such as the Middle East.

Please pray for Malibu as she and her team return home this summer. Malibu would like prayer as she transitions into the workforce. Pray that the Lord continues to lead and guide her in her daily life.

REMEMBERING MCKAY

In late April our sister, and Chi president, McKay "Captain Hook" Pittman was killed suddenly in a car accident. We asked her Chi sisters to share their memories.



McKay "Captain Hook" Pittman graduated high school in Alpharetta, Georgia in 2012. That fall, she started college at Georgia Southern University. When arriving on campus, McKay sought out a place where she could be herself, grow spiritually and build lasting friendships. That was when she found Alpha Delta Chi.

McKay joined the Notorious Nus pledge class in Fall of 2012 and before she was even offered her bid, all of the actives knew of her potential to one day lead the sorority. One active, during the late night recruitment week discussions titled McKay "future president material" and she couldn't have been more accurate. When McKay walked in to recruitment each night, there was something about her that lit up the room and her reflection of pure love towards others reflected Christ so strongly.

Within the first few months, McKay made such strong impacts in leadership within her pledge class that it was only inevitable that she was in the running for the annual Outstanding Pledge award, but ultimately she received the Arete award selected by the current active body president. This award for the Chi Chapter can be given to anyone and is to be given to the person who the President feels best represents what the sorority stands for and McKay was the clear choice.

Her years within the sorority following her first semester only showcased more who she was and it was an honor to be able to stand by her side as she led girls in small roles and big each and every day.

As you can see, McKay not only greatly impacted our lives, but she touched so many lives inside and outside of Alpha Delta Chi. We wanted to take a moment to say thank you to each and every one of you who sent letters, flowers, monetary donations, prayers, and support through this difficult time. We appreciate the support of Tau Alum: Crimsynn and Ashleigh, in creating the memorial decals as well. Our chapter could not be more appreciative of you all and we feel so incredibly blessed to be part of a sisterhood so strong that is bonded through Christ. Blessed by the ties that bind.

Thank you for loving and supporting our best friend.

Lamb love,

Kristin "Grace Kelly" Grebel (Chi, '10) and Becca "Clove" Reynolds (Chi, '13)



SOCIAL MEDIA UPDATES

Have you been posting and tagging ADX on Facebook, Twitter, and Instagram this summer? Keep it up!

Keep posting your graduation and senior pictures and use the hashtag #adxgrads!

On Wednesdays we will be doing #whyadxwednesday! We encourage everyone to use this hashtag and post why they love ADX on social media. If you post, you might be featured on our social media accounts!

Use the hashtag #adchiworldwide and post pictures throwing up the ADX sign while you are on vacation or in a cool location this summer!

Check out our @alphadeltachi accounts for more info!

FUTURE ARETE PUBLICATIONS

If your chapter is up to something amazing we want to know! In future editions, we are hope to highlight chapter service projects, prestigious alumni, cool sister activities, and so much more. If you have a great story or want to submit an article for The Arete, please let us know! We are honored to distribute this newsletter for you all and we would love to make it everything you would like it to be. If you have comments, questions, concerns, ideas, anything, please feel free to email The Arete editor at info@alphadeltachi.org or submit your announcement [here](#).